Emotions

KEY POINT: A strong feeling deriving from one's circumstances, mood, or relationships with others. – instinctive or intuitive feeling as distinguished from reasoning or knowledge.

Research: **Emotion Theory and Research: Highlights, Unanswered Questions, and Emerging Issues Carroll E. Izard. PMC 2010 Jan 1**

Current Emotion Research in Social Psychology: :Thinking About Emotions and Other People. Brian Parkinson, Antony S. R. Manstead. Emotion Review Vol. 7, No. 4 (October 2015) 371–380

How would you explain the effect of emotion to a friend?

How has emotion affected you at work and at home?

Suggested Activities: Activity 1